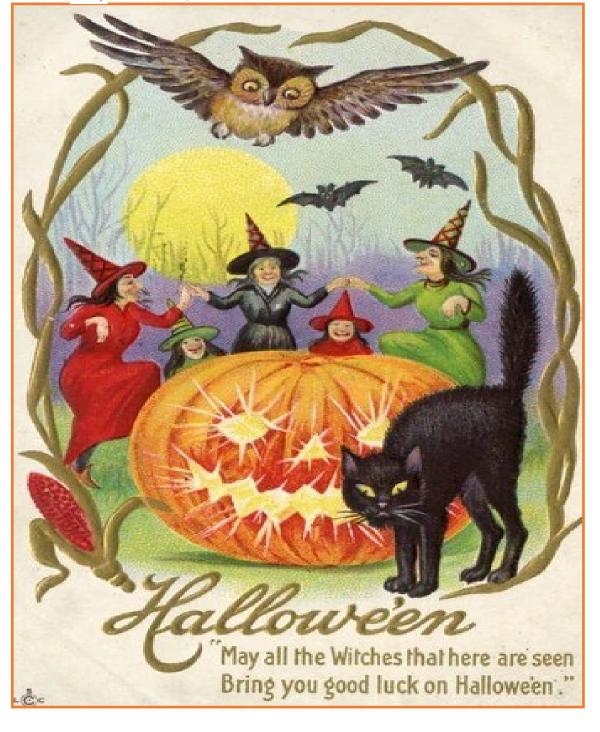
PARK MANOR OCTOBER 2025 NEWSLETTER



A MESSAGE FROM THE ADMINISTRATION OF PARK MANOR

Park Manor is committed to the care and need of our residents, their families, friends, and our employees. Part of providing this care involves the comments and input of all of us. Further, Park Manor has policies and procedures in place that prohibit mistreatment, neglect, and abuse of residents and misappropriation of resident property. If you have questions or concerns about any aspect of the care of the residents or the operation of Park Manor, please feel free to contact any of the individuals listed below, or the charge nurse assigned to the care of each resident.

- Krista Boley, Administrator
- Karen Haegerl, DON, Infection Preventionist, RN
- Georgiana Fischer, Director of Social Services, Grievance Official
- Dani Hoffman, R.D. * Registered Dietician
- Jayne Rominske, CDM * Certified Dietary Manager
- Nicole Kirsten, CDM* Certified Dietary Manager
- Brittney Griepentrog Activity Director TELEPHONE (715) 762-2449



PARK MANOR, LTD. RIGHTS OF RESIDENTS IN WISCONSIN NURSING FACILITIES

Attachment C – Continued



10. FINANCIAL AFFAIRS AND MEDICAID/MEDICARE BENEFITS

Cost of Services

You have the right to be informed, prior to or at the time of admission, and periodically during your stay at this facility, of services available in the facility and of charges for those services.

Residents who are, at the time of admission, or later become, eligible for Medicaid benefits will be informed by the facility of:

- A. Items or services that are covered under the facility's Medicaid rate that cannot be charged to the resident.
- B. Other items and services the facility offers and for which a resident may be charged, and the charges for those services.
- C. Any changes in available items, services or their related charges.



Frances Yanich 10/05

Virginia Stangle 10/09

John Bucheger 10/19

Happy Birthday to You!



Diane Malkovich
Florence Bruehling
Patricia Raddenbach
Richard Piotrowski

Arlyse

Donaghue

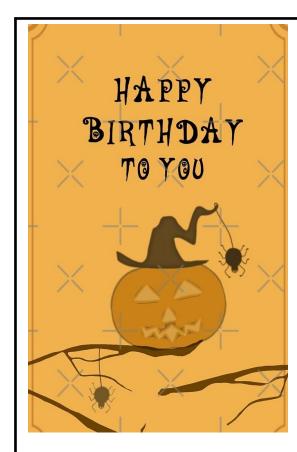
Roger

Thomas

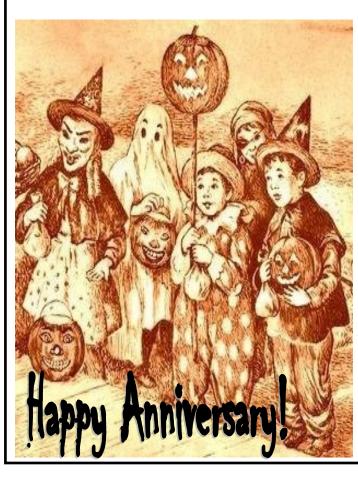


Miller Goodbye & Good Luck!

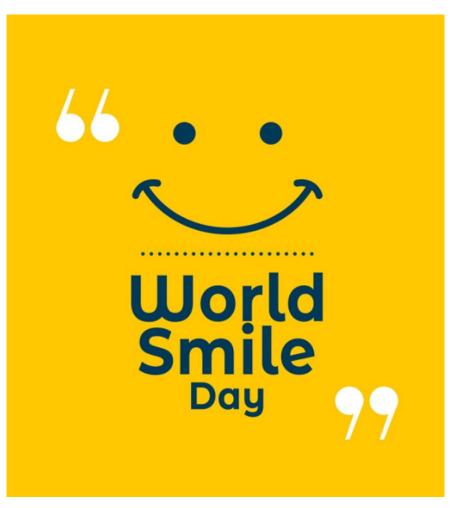




10/03
10/03
10/08
10/11
10/12
10/13
10/18
10/20
10/23
10/24
10/24
10/25



Diane Heath	37 Years
Carrie Peterson	35 Years
Krista Boley	17 Years
Missy Wehrman	11 Years
Linda Howe	10 Years
Liz Neibauer	9 Years
Bethany Ernst	8 Years
Eddie Miller	5 Years
Loraleen Ligorio	2 Years
Agie Jokinen	2 Years
James McDonald	1 Year
Candie Glaeser	1 Year



World Smile Day

Smiles are more powerful than we often realize. Research shows that smiling can lift your mood, reduce stress, and even boost your immune system.

Best of all, smiles are contagious - when you share one, you brighten not only your own day but someone else's too.

On World Smile Day, let's remember that the simplest gift we can give is free, universal, and always welcome: a smile.

Special Days

1st Day of Older Persons 1st Intl. Music Day

1st Intl. Coffee Day 1st Library Month

3rd World Smile Day 4th World Space Week

4th World Animal Day 5th World Teachers Day

9th Curious Events Day 13th Columbus Day

13th Thanksgiving (Canada) 13th Indigenous Peoples' Day

13th Thanksgiving (Canada) 25th Pablo Picasso's Birthday

29th Grandparents Day 31st Halloween

October Trivia

October was the eighth month in the Roman calendar, named from the Latin word "octo," meaning eight. Later, January and February were added, moving October to the tenth month.

Zodiac signs: **Libra & Scorpio**Birthstone: **Opal & Tourmaline**Flower: **Calendula**

Quote of the Day

Wrinkles will only go where the smiles have been.

- Jimmy Buffett

Halloween Costumes Through the Years















Life Adventures of Our Very Own

DOC Shepherd

WINTER IN MISSISSIPPI-Around 1938

This is how it all began. My father had built a house trailer on a burned out trailer chaises he found along highway 13. We had an 8.5 horsepower Ford. It had just enough power to get over a few hills.

We decided to travel to Biloxi Mississippi. When we first got to Biloxi we stayed in a trailer park where we were among a group of Ring Ling Bros. Circus performers. And watched them perform. My father got to know that owner of the shrimp and oyster canning factories there and we moved to the beach along the wharf of a mile long where the shrimp and oyster boats came in under sail. People gave us equipment and we caught crabs and mother cooked them. We watched the fishermen use throw nets to catch fish from the piers. We did not swim in the gulf as we could see sting rays in the water. We took a tour of the oyster canning factory near where we parked.

The workers opening the oysters were often cut by the sharp shells of the oysters.

The state of Mississippi at that time had complete segregation. There were white towns and "colored" communities. The "colored" people had to leave the white towns after work and we watched them leave in groups.

There were white schools and "colored" schools. In the schools we went to there were no "colored" and very few girls in the upper grades as many girls were married by that time. On our trips to school we enjoyed picking up pecans from the streets that were lined with pecan trees.

We were suddenly kicked out of the Biloxi schools as father was a chiropractor and wouldn't let us be vaccinated. So we moved to Gulf Port, Mississippi which was the next town. We then went to school in Gulf Port. The school was only three blocks from the beach where I walked to the beach and picked sea shells on my lunch hour. We parked our trailer on the edge of the white town a few blocks from the school. My mother was often sick. We parked in the backyard of a widow woman with children and we played together. One time the widow woman took us into town and bought us bananas off the boat.

Continued on next page....

Life Adventures of Our Very Own DOC Shepherd......continued

In Gulf Port it was warm enough that they put the water lines on a fence above ground. We had a fig tree next to our trailer.

When we first came we took a side trip into Florida along the coast to see the burned out mansion of Jefferson Davis-the president of the south during the Civil War. Around the burned out mansion there was a shrub called Palmetto that cut the legs as you walked through.

Near Biloxi there was a high bridge near Pascagoula where my dad fished from the bridge and caught an ocean like white fish.

At Biloxi in the winter my Grandmother died. We took the trailer and drove north but met a series of bad snow storms so went back to Biloxi.

In spring we left Gulf Port and traveled North. We stopped at Centralia,

Illinois where my father painted signs on oil trucks. Centralia, Illinois was then an oil boomtown. The night would turn bright from the flares.

My brother Bill and I got a job to paint the inside kitchen of a barbeque diner. It was a disaster as the walls were coated with grease from the barbeque cooking.

We arrived home in time for a few weeks of school.

We had a young couple who parked a trailer home in the driveway and looked after our home.

John J. Shepherd Sept. 19, 2025

I am now 100 years old.

Poem to Share The Little Things Margaret Lindsay

It's the little things we do and say,

That make or mar the livelong day;

It's not the thing we do once in a while,

But the little things that tell the mile.

The little acts of kindness done,

The smiles that greet the rising sun,

The words of cheer to those we meet,

That make this life so bright and sweet.

Smiling is Infectious Spike Milligan

Smiling is infectious, you can catch it like the flu,
When someone smiled at me today, I started smiling too.
I passed around the corner and someone saw my grinWhen he smiled I realized, I'd passed it on to him.
I thought about that smile, then I realized it's worth:
A single smile, just like mine, could travel round the earth.
So if you feel a smile begin, don't leave it undetectedLet's start an epidemic quick, and get the world infected!

Laughing Matters



No Dogs Allowed

Two friends are walking their dogs— a Dalmatian and a Chihuahua—when they smell something delicious coming from a nearby restaurant.

The guy with the Dalmatian says, "Let's get something to eat."

But the guy with the Chihuahua says, "We can't go in there, we have dogs with us."

So, the first guys says, "just follow my lead." He puts on a pair of sunglasses and walks into the restaurant.

"Sorry," says the owner, "no pets allowed."

"But this is my seeing-eye dog," the guy with the Dalmatian says.

"A Dalmatian?"

"Yes, they're using them now."

The owner says, "Very well, then, come on in."

The guy with the Chihuahua repeats the process and gets the same response from the owner. "Sorry pal, no pets allowed."

"But this is my seeing-eye dog," says the second guy.

"A Chihuahua?" asks the incredulous owner.

"A Chihuahua?!" says the man in the dark glasses. "They gave me a Chihuahua?!"

Word Search

SMILE!



Α	D	M	Ν	Н	Q	L	X	0	D	C	0	Υ	X
G	S	U	P	A	S	0	U	Н	Т	E	L	Н	X
I	M	N	0	Р	U	V	D	н	C	1	W	В	В
G	1	G	D	Ρ	K	E	M	A	M	Р	Ε	R	P
G	L	R	В	Y	G	D	R	Α	F	C	J	0	Y
L	Ε	Α	L	F	R	G	F	В	N	Н	U	G	В
E	J	Т	E	A	1	Т	K	E	X	K	S	Q	E
U	C	1	S	C	Ν	Ν	1	Т	C	1	M	Т	L
					N I						M I	T R	L
	U	T	s	E		т	н	M	J	N			
S	U	T U	S I	E W	1	T Y	H R	M C	Y V	N D	1	R U	I E
S Y	U D D	T U D	S I N	E W P	I A	T Y A	H R M	M C M	J Y B	N D J	I R	R U S	I E
S Y N	U D D	T U D	S I N G	E W P G	I A L	T Y A L	H R M A	M C M U	J Y B G	N D J H	I R K	R U S	I E V

Happy Face	Joy	Cheerful	Gentle
Peace	Gratitude	Love	Kind
Patience	Blessing	Grace	Warm
Hug	Family	Cuddle	Smile
Grin	Smirk	Wink	Giggle
Laugh	Believe	Trust	Faith

October 2025 TUESDAY WEDNESDAY THURSDAY FRIDAY SATURDAY SUNDAY MONDAY 9:00am- 1:1's 9am- 1:1's 3 9am- 1:1's 9am- 1:1's Activities are subject to change based on resident needs, and are 10:00am-coffee and 10am- exercise 10am- world smile day 10am- Music/singing limited to residents only. Calendar approved by resident council. bingo 10am- manicures social 10am- Resident choice Daily Activity posting on bulletin boards will reflect changes and 1:30 pm- Peace 1:30 pm- Bingo upstairs/ 1:15 pm- Baking group game locations of activities. Lutheran 1:30 pm- Afternoon Movie 9am-1:1's 9am- 1:1's 9am- 1:1's 9am- 1:1's 9am-1:1's 9:30- Manicures 9am- 1:1's 11 10:30am- Catholic Mass 10am- exercise (10:00 am- Arts and 10am-Bingo 10am- *Donuts 10am- exercise upstairs/ 10am- Music/singing and curious events day downstairs) 1:30 pm- Homemade crafts upstairs/and down down 10am- Resident choice 1:30 pm- Nonbread and Keno 1:30 pm- Bingo upstairs 1:15 pm- Baking group social 1:30 pm- Bingo upstairs/ game1:30pm-outdoor denominational Church and down 1:30-Resident council down 1:1's Service Meeting 9am- 1:1's 9am-1:1's 9am- 1:1's 9am-1:1's 9:00am- 1:1's 9am- 1:1's 9am- 1:1's 10am- exercise (10:30am- Catholic Mass 10:00 am- Arts and 10am-Bingo 10am- men's group 10am- Music/singing 10am- exercise upstairs/ upstairs/and down coffee and social downstairs) 1:30 pm- Homemade crafts down 10am- Resident choice 1:30 pm- hymns/ bread Flip 5 1:30 pm-Bingo upstairs 1:15 pm- Baking 1:30- manicures 1:30 pm- Bingo upstairs/ game 1:30 pm- Afternoon devotion and down group 1:30- book club down woodlands Movie 9am-1:1's 9am- 1:1's 19 9am-1:1's 9am- 1:1's 9:00am- 1:1's 9am- 1:1's 9am- 1:1's 25 24 10am- exercise (10:30am- Catholic Mass 10am- arts and crafts 10am-Bingo 10am- manicures 10am- exercise upstairs/ 10am- Music/singing downstairs) upstairs/and down down 1:30 pm- Homemade 1:30- Turn- up for the 10am- word game 1:30 pm-1:30 pm- hymns/ 1:15 pm- Baking 1:30 pm- Bingo upstairs/ bread and Dice Bingo With the Gray books (food social devotion Experience) down 1:30 pm- Resident Ladies group choice game 9am-1:1's 9am-1:1's 9:00am- 1:1's 9:00am- 1:1's 9am- 1:1's 26 9am- 1:1's 28 31 10:30am- Catholic Mass 10am- exercise 10am- exercise (10:00 am- Arts and 10am-Bingo 10am- men's group downstairs) 1:30 pm- Homemade crafts upstairs/and down coffee and social 1:15 pm-Halloween bread and Halloween 1:30 pm-Bingo upstairs 1:15 pm- Baking 1:30- Ladies social/ 1:30 pm- hymns/ Party devotion Bag Toss and down group manicures

1:30- book club