

Park Manor January 2026 Newsletter



A MESSAGE FROM THE ADMINISTRATION OF PARK MANOR

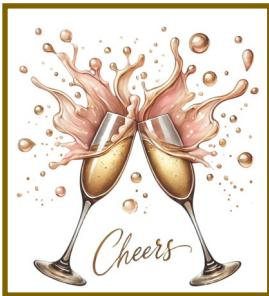
Park Manor is committed to the care and need of our residents, their families, friends, and our employees. Part of providing this care involves the comments and input of all of us.

Further, Park Manor has policies and procedures in place that prohibit mistreatment, neglect, and abuse of residents and misappropriation of resident property.

If you have questions or concerns about any aspect of the care of the residents or the operation of Park Manor, please feel free to contact any of the individuals listed below, or the charge nurse assigned to the care of each resident.

- Krista Boley, Administrator
- Karen Haegerl, DON, Infection Preventionist, RN
- Georgiana Fischer, Director of Social Services, Grievance Official
- Dani Hoffman, R.D. * Registered Dietician
- Jayne Rominske, CDM * Certified Dietary Manager
- Nicole Kirsten, CDM* Certified Dietary Manager
- Brittney Griepentrog - Activity Director

TELEPHONE (715) 762-2449



PARK MANOR, LTD. RIGHTS OF RESIDENTS IN WISCONSIN NURSING FACILITIES

Attachment C – Continued



11. TRANSFERS AND DISCHARGES

Orientation for Transfer and Discharge

You will be provided with sufficient preparation and orientation to ensure safe and orderly transfer or discharge from the facility. Information provided to the receiving provider will include a minimum of the following:

- (A) Contact information of the practitioner responsible for the care of the resident.
- (B) All special instructions or precautions for ongoing care, as appropriate.
- (C) Comprehensive care plan goals.
- (D) All other necessary information, including a copy of the residents discharge summary consistent with 483.21(c)(2), as applicable, and any other documentation, as applicable, to ensure a safe and effective transition of care.
- (E) A statement of the resident's appeal rights, including the name, address (mailing and email) and telephone number of the entity which receives such requests; and information on how to obtain an appeal form and assistance in completing the form and submitting the appeal hearing request;
- (F) The name, address (mailing and email), and telephone number of the Office of the State Long Term Care Ombudsman;
- (G) A statement of the resident's appeal rights, including the name, address (mailing and email) and telephone number of the entity which receives such requests; and information on how to obtain an appeal form and assistance in completing the form and submitting the appeal hearing request;
- (H) For nursing facility residents with intellectual and developmental disabilities, or related disabilities, the mailing and email address, and telephone number of the agency responsible for the protection and advocacy of individuals with developmental disabilities established under Part C of the Developmental Disabilities Assistance and Bill of Rights Act of 2000.



Happy Birthday!

Barb Slack	01/07
Dorothy Hilgart	01/08
Shirley Cress	01/11
Ralph Chafer	01/11
John Shepherd	01/20
Mildred Podmolik	01/22

Joanne Wilson Anita Yank

Linda Carlson Carol Conway

Jean Scharp Antoinette Klimoski

Ann Cooley

Welcome & Hello!



Chester Ferron

Marian Kirsten

With Sympathy



Kathleen Kruzan

James Nigh

Cheryl Schara

Mary Ann Bader

Goodbye & Good Luck!





Vanessa Eitrem 01/03

Elizabeth Hilgart 01/20

Brittany Griepentrog 01/28

Happy Birthday!



Joanne Hall	23 Years
Alicia Carpenter	11 Years
Jennifer Saimon	11 Years
Kim Kalmon	3 Years
Hunter Wagner	1 Year



Happy Anniversary!



January Trivia

January was named after the Roman god Janus; the god of beginnings & transitions.

Zodiac signs: Capricorn & Aquarius

Birthstone: Garnet

Flower: Carnations

Quote of the Day

You are never too old
to set another goal or
to dream a new
dream.

- C.S. Lewis

WOW!

The Birth of Television (January 1926)

In January 1926, John Logie Baird revealed the first working television system. Its small, flickering image was simple, but it sparked a technology that would soon connect people, share stories, and bring families together - proof that great innovations often begin humbly.

Special Days

1 st	Hot Tea Day	3 rd	Tolkien's Birthday
6 th	Epiphany	8 th	Elvis Presley's Birthday
12 th	Australian Open	19 th	Intl. Flower Day
19 th	MLK Day	21 st	Intl. Hug Day
23 rd	Sundance Film Festival	25 th	Robert Burns Day
26 th	Australia Day	27 th	Mozart's Birthday

January Trivia

- The first modern commercial airplane flight took place January 1914, last just 23 minutes.
- The postal system introduced airmail stamps in January 1918, changing long-distance communication forever.
- The world's first underground railway, the London Underground, opened in January 1863.
- In January 1905, the world's largest diamond, later known as the Cullinan Diamond, was discovered.

Capricorn (Dec 22 – Jan 19)

Capricorns are responsible, disciplined and have good managers

Aquarius (Jan 20 – Feb 18)

Aquarians are shy & quiet deep thinkers who love helping others.

A Poem to Share

Live... Laugh..... And Love

By John McLeod

Live well dear friends

**In all you do,
Tho' paths be old
Or baths be new,
But to yourself
Be ever true,
Live well!**

Laugh often friends

**Tho' passing years
Bring, sometimes, smiles
And, sometimes, tears,**

**For mirth forever
Warms and cheers
Laugh Often!**

Love much dear friends

**For love will bring
The healing joy
And hope of spring,**

Where pain and fear may never dwell

**Nor anguish touch....
And so Live well,
Laugh often too,
And more dear friends,
Love much!**

Laughing Matters

The Nun

A man suffers a serious heart attack and has bypass surgery. He awakes to find himself in the care of nuns at a Catholic hospital. A nun is seated next to his bed holding a clipboard with several forms and a pen.

NUN– Good morning! How are you going to pay for your hospital treatment-do you have health insurance?

PATIENT– No health insurance,

NUN– Do you have money in the bank?

PATIENT– No money in the bank.



NUN– Do you have a relative who could help you with the payments?

PATIENT– I only have a spinster sister and she is a nun.

NUN- (annoyed) Nuns are not spinsters! Nuns are married to God.

PATIENT– Then send the bill to my brother-in-law.

Sick Day

A man calls his boss and says “I cant come to work today”

The boss asks why and the man says “It’s my eyes.”

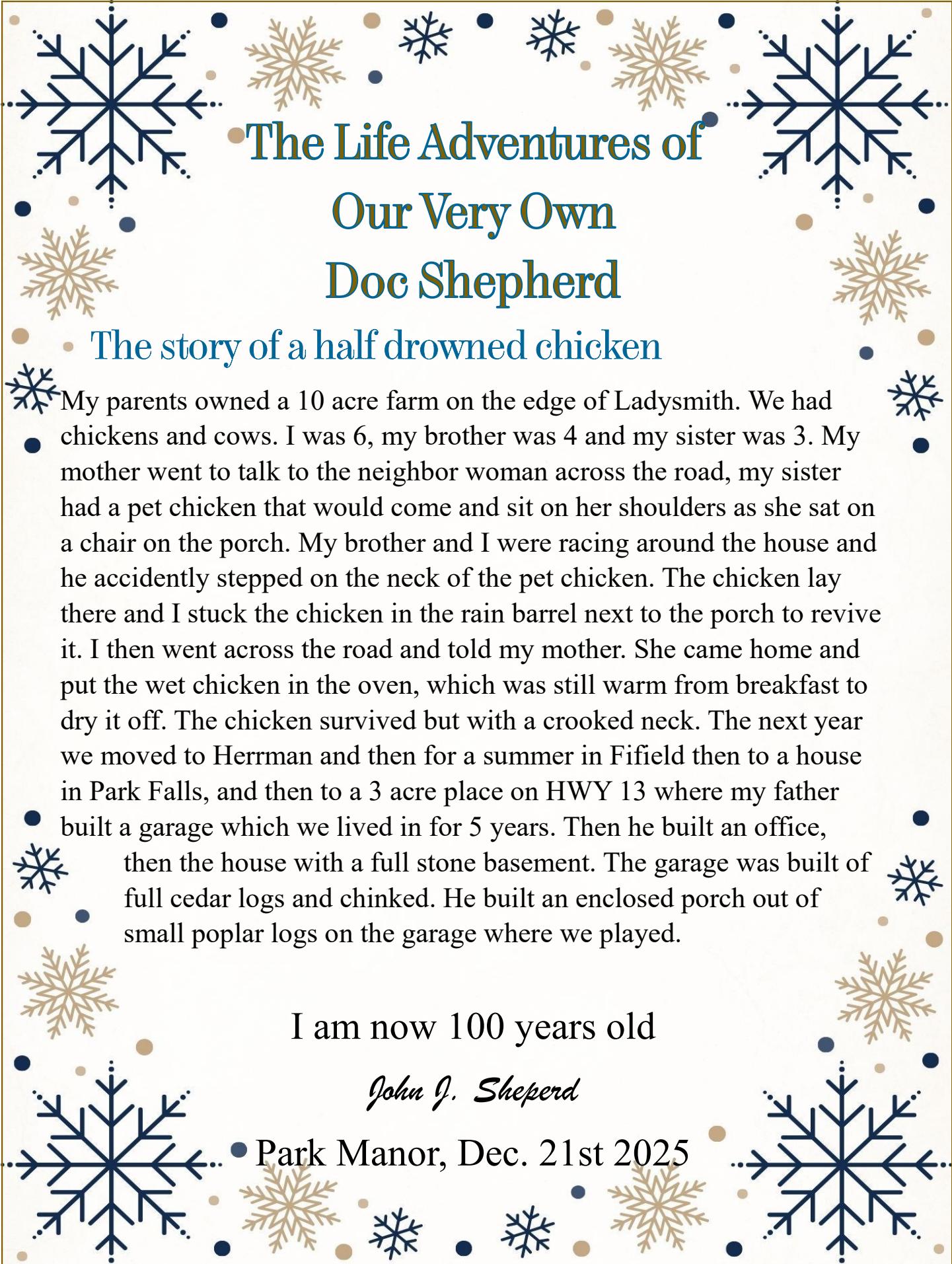
“What’s wrong with your eyes?” asks his boss.

“I just cant see myself coming to work today.”



Always find a reason to laugh-

It may not add years to your life but will surely add life to your years.



The Life Adventures of Our Very Own Doc Shepherd

The story of a half drowned chicken

My parents owned a 10 acre farm on the edge of Ladysmith. We had chickens and cows. I was 6, my brother was 4 and my sister was 3. My mother went to talk to the neighbor woman across the road, my sister had a pet chicken that would come and sit on her shoulders as she sat on a chair on the porch. My brother and I were racing around the house and he accidentally stepped on the neck of the pet chicken. The chicken lay there and I stuck the chicken in the rain barrel next to the porch to revive it. I then went across the road and told my mother. She came home and put the wet chicken in the oven, which was still warm from breakfast to dry it off. The chicken survived but with a crooked neck. The next year we moved to Herman and then for a summer in Fifield then to a house in Park Falls, and then to a 3 acre place on HWY 13 where my father built a garage which we lived in for 5 years. Then he built an office, then the house with a full stone basement. The garage was built of full cedar logs and chinked. He built an enclosed porch out of small poplar logs on the garage where we played.

I am now 100 years old

John J. Shepherd

• Park Manor, Dec. 21st 2025

Word Search

ELVIS PRESLEY



Tupelo
Military

Lisa Marie
Graceland
Spinout

Church
Priscilla

Icon
Concerts
Charro

Guitar
King

Speedway
Nixon
Rockabilly

Gyrations
Elvis

MGM
Rocknroll
Grammy

January 2026

SUNDAY **MONDAY** **TUESDAY** **WEDNESDAY** **THURSDAY** **FRIDAY** **SATURDAY**

Activities are subject to change based on resident needs, and are limited to residents only. Calendar approved by resident council. Daily Activity posting on bulletin boards will reflect changes and locations of activities.

9am- 1:1's 10am- exercise (downstairs) 1:30 pm- Non-denominational Church Service	4	9am-1:1's 10:30am- Catholic Mass 1:15 pm- Baking group	5	9am- 1:1's 10:00 am- Arts and crafts 1:30 pm- Bingo upstairs and down	6	9am- 1:1's 10:00am- Bingo up/down 1:30 pm- Peace Lutheran	7	10am- Manicure/social 1:15 pm- New year's Pizza Party Happy New Year!	1	9am- 1:1's 10am- exercise upstairs/down 1:30 pm- Bingo upstairs/down	2	9am- 1:1's 10am- Music/singing 1:30 pm - Resident choice game	3
9am- 1:1's 10am- exercise (downstairs) 1:30 pm- hymns/devotion	11	9am-1:1's 10:30am- Catholic Mass 1:30 pm- Homemade bread and Keno	12	9am- 1:1's 10:00 am- Arts and crafts 1:30 pm- Bingo upstairs and down	13	9am- 1:1's 10:00am- Bingo up/down 1:15 pm- Baking group	14	9:00am- 1:1's 10am- men's group coffee and social 1:30- manicures 1:30- book club woodlands	15	9am- 1:1's 10am- exercise upstairs/down 1:30 pm- Bingo upstairs/down	16	9am- 1:1's 10am- Music/singing 10am- Resident choice game 1:30 pm- Crafts	17
9am- 1:1's 10am- exercise (downstairs) 1:30 pm- hymns/devotion	18	9am-1:1's 10:30am- Catholic Mass 1:30 pm- Homemade bread and Trivia	19	9am- 1:1's 10:00 am- Arts and crafts 1:30 pm- Bingo With the Gray Ladies	20	9am- 1:1's 10:00am- Bingo up/down 1:15 pm- Baking group	21	9:00am- 1:1's 10am-Wod games 1:30- Ladies social/manicures 1:30- book club woodlands	22	9am- 1:1's 10am- exercise upstairs/down 1:30 pm- Bingo upstairs/down	23	9am- 1:1's 10am- Music/singing 10am- Resident choice game 1:30 pm- Afternoon Movie	24
9am- 1:1's 10am- exercise (downstairs) 1:30 pm- hymns/devotion	25	9am-1:1's 10:30am- Catholic Mass 1:30 pm- Homemade bread and Dice	26	9am- 1:1's 10:00 am- Arts and crafts 1:30 pm- Bingo upstairs and down	27	9am- 1:1's 10:00am- Bingo up/down 1:15 pm- Baking group	28	9:00am- 1:1's 10am- manicures 10am- Trivia group 1:30- Turn- up for the books (food Experience)	29	9am- 1:1's 10am- exercise upstairs/down 1:30 pm- Bingo upstairs/down	30	9am- 1:1's 10am- Music/singing 10am- Resident choice game 1:30 pm- Crafts	31