

*Park Manor*  
*January 2026*  
*Newsletter*



## **A MESSAGE FROM THE ADMINISTRATION OF PARK MANOR**

Park Manor is committed to the care and need of our residents, their families, friends, and our employees. Part of providing this care involves the comments and input of all of us.

Further, Park Manor has policies and procedures in place that prohibit mistreatment, neglect, and abuse of residents and misappropriation of resident property.

If you have questions or concerns about any aspect of the care of the residents or the operation of Park Manor, please feel free to contact any of the individuals listed below, or the charge nurse assigned to the care of each resident.

- Krista Boley, Administrator
  - Karen Haegerl, DON, Infection Preventionist, RN
  - Georgiana Fischer, Director of Social Services, Grievance Official
  - Dani Hoffman, R.D. \* Registered Dietician
  - Jayne Rominske, CDM \* Certified Dietary Manager
  - Nicole Kirsten, CDM\* Certified Dietary Manager
  - Brittney Griepentrog - Activity Director
- TELEPHONE (715) 762-2449



### **PARK MANOR, LTD. RIGHTS OF RESIDENTS IN WISCONSIN NURSING FACILITIES**

Attachment C – Continued



#### **11. TRANSFERS AND DISCHARGES**

##### **Orientation for Transfer and Discharge**

You will be provided with sufficient preparation and orientation to ensure safe and orderly transfer or discharge from the facility. Information provided to the receiving provider will include a minimum of the following:

- (A) Contact information of the practitioner responsible for the care of the resident.
- (B) All special instructions or precautions for ongoing care, as appropriate.
- (C) Comprehensive care plan goals.
- (D) All other necessary information, including a copy of the residents discharge summary consistent with 483.21(c)(2), as applicable, and any other documentation, as applicable, to ensure a safe and effective transition of care.
- (E) A statement of the resident's appeal rights, including the name, address (mailing and email) and telephone number of the entity which receives such requests; and information on how to obtain an appeal form and assistance in completing the form and submitting the appeal hearing request;
- (F) The name, address (mailing and email), and telephone number of the Office of the State Long Term Care Ombudsman;
- (G) A statement of the resident's appeal rights, including the name, address (mailing and email) and telephone number of the entity which receives such requests; and information on how to obtain an appeal form and assistance in completing the form and submitting the appeal hearing request;
- (H) For nursing facility residents with intellectual and developmental disabilities, or related disabilities, the mailing and email address, and telephone number of the agency responsible for the protection and advocacy of individuals with developmental disabilities established under Part C of the Developmental Disabilities Assistance and Bill of Rights Act of 2000.





*Happy Birthday!*

<i>Barb Slack</i>	<i>01/07</i>
<i>Dorothy Hilgart</i>	<i>01/08</i>
<i>Shirley Cress</i>	<i>01/11</i>
<i>Ralph Chafer</i>	<i>01/11</i>
<i>John Shepherd</i>	<i>01/20</i>
<i>Mildred Podmolik</i>	<i>01/22</i>

*Joanne Wilson   Anita Yunk*  
*Linda Carlson   Carol Conway*  
*Jean Scharp   Antoinette Klimoski*  
*Ann Cooley*

*Welcome & Hello!*



*Chester Ferron*

*Marian Kirsten*



*With Sympathy*

*Kathleen Kruzan*

*James Nigh*

*Cheryl Schara*

*Mary Ann Bader*



*Goodbye & Good Luck!*



*Vanessa Eitrem* 01/03

*Elizabeth Hilgart* 01/20

*Brittany Griepentrog* 01/28

*Happy Birthday!*



*Joanne Hall* 23 Years

*Alicia Carpenter* 11 Years

*Jennifer Saimon* 11 Years

*Kim Kalmon* 3 Years

*Hunter Wagner* 1 Year



*Happy Anniversary!*



## January Trivia

January was named after the Roman god Janus; the god of beginnings & transitions.

Zodiac signs: Capricorn & Aquarius

Birthstone: Garnet

Flower: Carnations



## Quote of the Day

You are never too old  
to set another goal or  
to dream a new  
dream.

- C.S. Lewis

WOW!

### The Birth of Television (January 1926)

In January 1926, John Logie Baird revealed the first working television system. Its small, flickering image was simple, but it sparked a technology that would soon connect people, share stories, and bring families together - proof that great innovations often begin humbly.

## **Special Days**

<b>1<sup>st</sup> Hot Tea Day</b>	<b>3<sup>rd</sup> Tolkien's Birthday</b>
<b>6<sup>th</sup> Epiphany</b>	<b>8<sup>th</sup> Elvis Presley's Birthday</b>
<b>12<sup>th</sup> Australian Open</b>	<b>19<sup>th</sup> Intl. Flower Day</b>
<b>19<sup>th</sup> MLK Day</b>	<b>21<sup>st</sup> Intl. Hug Day</b>
<b>23<sup>rd</sup> Sundance Film Festival</b>	<b>25<sup>th</sup> Robert Burns Day</b>
<b>26<sup>th</sup> Australia Day</b>	<b>27<sup>th</sup> Mozart's Birthday</b>

## **January Trivia**

- The first modern commercial airplane flight took place January 1914, last just 23 minutes.
- The postal system introduced airmail stamps in January 1918, changing long-distance communication forever.
- The world's first underground railway, the London Underground, opened in January 1863.
- In January 1905, the world's largest diamond, later known as the Cullinan Diamond, was discovered.

### **Capricorn (Dec 22 – Jan 19)**

**Capricorns are responsible, disciplined and have good managers**

### **Aquarius (Jan 20 – Feb 18)**

**Aquarians are shy & quiet deep thinkers who love helping others.**



# A Poem to Share

Live... Laugh..... And Love

*By John McLeod*

Live well dear friends

In all you do,

Tho' paths be old

Or paths be new,

But to yourself

Be ever true,

Live well!

Laugh often friends

Tho' passing years

Bring, sometimes, smiles

And, sometimes, tears,

For mirth forever

Warms and cheers

Laugh Often!

Love much dear friends

For love will bring

The healing joy

And hope of spring,

Where pain and fear may never dwell

Nor anguish touch....

And so Live well,

Laugh often too,

And more dear friends,

Love much!

# Laughing Matters

## The Nun

A man suffers a serious heart attack and has bypass surgery. He awakes to find himself in the care of nuns at a Catholic hospital. A nun is seated next to his bed holding a clipboard with several forms and a pen.

NUN– Good morning! How are you going to pay for your hospital treatment-do you have health insurance?

PATIENT– No health insurance,

NUN– Do you have money in the bank?

PATIENT– No money in the bank.

NUN– Do you have a relative who could help you with the payments?

PATIENT– I only have a spinster sister and she is a nun.

NUN- (annoyed) Nuns are not spinsters! Nuns are married to God.

PATIENT– Then send the bill to my brother-in-law.



## Sick Day

A man calls his boss and says “I cant come to work today”

The boss asks why and the man says “It’s my eyes.”

“What’s wrong with your eyes?” asks his boss.

“I just cant see myself coming to work today.”



Always find a reason to laugh-

It may not add years to your life but will surely add life to your years.





# The Life Adventures of Our Very Own Doc Shepherd

## The story of a half drowned chicken

My parents owned a 10 acre farm on the edge of Ladysmith. We had chickens and cows. I was 6, my brother was 4 and my sister was 3. My mother went to talk to the neighbor woman across the road, my sister had a pet chicken that would come and sit on her shoulders as she sat on a chair on the porch. My brother and I were racing around the house and he accidentally stepped on the neck of the pet chicken. The chicken lay there and I stuck the chicken in the rain barrel next to the porch to revive it. I then went across the road and told my mother. She came home and put the wet chicken in the oven, which was still warm from breakfast to dry it off. The chicken survived but with a crooked neck. The next year we moved to Herrman and then for a summer in Fifield then to a house in Park Falls, and then to a 3 acre place on HWY 13 where my father built a garage which we lived in for 5 years. Then he built an office, then the house with a full stone basement. The garage was built of full cedar logs and chinked. He built an enclosed porch out of small poplar logs on the garage where we played.

I am now 100 years old

*John J. Sheperd*

Park Manor, Dec. 21st 2025

# Word Search

## ELVIS PRESLEY



R	S	P	E	E	D	W	A	Y	M	G	T	A	O
Z	O	R	O	C	K	N	R	O	L	L	S	N	N
D	M	C	B	G	G	R	A	C	E	L	A	N	D
S	O	G	K	M	H	D	T	I	K	I	N	G	L
P	G	U	M	A	I	G	G	U	C	B	J	Y	I
I	C	Y	G	H	B	L	U	R	P	O	R	J	S
N	O	E	R	H	C	I	I	I	A	E	N	F	A
O	N	L	W	A	N	H	L	T	T	M	L	Q	M
U	C	V	I	B	T	U	U	L	A	A	M	O	A
T	E	I	J	T	T	I	T	R	Y	R	R	Y	R
I	R	S	B	H	J	Y	O	S	C	W	Y	T	I
X	T	C	H	A	R	R	O	N	M	H	J	W	E
G	S	D	I	V	O	R	C	E	S	U	N	P	O
N	I	X	O	N	P	R	I	S	C	I	L	L	A

Tupelo  
Military

Lisa Marie  
Graceland  
Spinout

Church  
Priscilla

Icon  
Concerts  
Charro

Guitar  
King

Speedway  
Nixon  
Rockabilly

Gyrations  
Elvis

MGM  
Rocknroll  
Grammy



# January 2026

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

**Activities are subject to change based on resident needs, and are limited to residents only. Calendar approved by resident council. Daily Activity posting on bulletin boards will reflect changes and locations of activities.**

				1 10am- Manicure/social 1:15 pm- <b>New year's Pizza Party</b>  <b>Happy New Year!</b>	2 9am- 1:1's 10am- exercise upstairs/ down 1:30 pm- Bingo upstairs/ down	3 9am- 1:1's 10am- Music/singing 1:30 pm - Resident choice game
9am- 1:1's 10am- exercise (downstairs) 1:30 pm- Non- denominational Church Service	4 9am-1:1's 10:30am- Catholic Mass 1:15 pm- Baking group	5 9am- 1:1's 10:00 am- Arts and crafts 1:30 pm- Bingo upstairs and down	6 9am- 1:1's 10:00am- Bingo up/down 1:30 pm- Peace Lutheran	7 9:30- Manicures 10am- Donut Social 1:30 pm- <b>Resident council Meeting</b>	8 9am- 1:1's 10am- exercise upstairs/ down 1:30 pm- Bingo upstairs/ down	9 9am- 1:1's 10am- Music/singing 10am- Resident choice game 1:30 pm- Afternoon Movie
9am- 1:1's 10am- exercise (downstairs) 1:30 pm- hymns/ devotion	10 9am-1:1's 10:30am- Catholic Mass 1:30 pm- Homemade bread and Keno	11 9am- 1:1's 10:00 am- Arts and crafts 1:30 pm- Bingo upstairs and down	12 9am- 1:1's 10:00am- Bingo up/down 1:15 pm- Baking group	13 9:00am- 1:1's 10am- men's group coffee and social 1:30- manicures 1:30- book club woodlands	14 9am- 1:1's 10am- exercise upstairs/ down 1:30 pm- Bingo upstairs/ down	15 9am- 1:1's 10am- Music/singing 10am- Resident choice game 1:30 pm- Crafts
9am- 1:1's 10am- exercise (downstairs) 1:30 pm- hymns/ devotion	16 9am-1:1's 10:30am- Catholic Mass 1:30 pm- Homemade bread and Trivia	17 9am- 1:1's 10:00 am- Arts and crafts 1:30 pm- <b>Bingo With the Gray Ladies</b>	18 9am- 1:1's 10:00am- Bingo up/down 1:15 pm- Baking group	19 9:00am- 1:1's 10am- Wod games 1:30- Ladies social/ manicures 1:30- book club woodlands	20 9am- 1:1's 10am- exercise upstairs/ down 1:30 pm- Bingo upstairs/ down	21 9am- 1:1's 10am- Music/singing 10am- Resident choice game 1:30 pm- Afternoon Movie
9am- 1:1's 10am- exercise (downstairs) 1:30 pm- hymns/ devotion	22 9am-1:1's 10:30am- Catholic Mass 1:30 pm- Homemade bread and Dice	23 9am- 1:1's 10:00 am- Arts and crafts 1:30 pm- Bingo upstairs and down	24 9am- 1:1's 10:00am- Bingo up/down 1:15 pm- Baking group	25 9:00am- 1:1's 10am- manicures 10am- Trivia group 1:30- Turn- up for the books ( food Experience)	26 9am- 1:1's 10am- exercise upstairs/ down 1:30 pm- Bingo upstairs/ down	27 9am- 1:1's 10am- Music/singing 10am- Resident choice game 1:30 pm- Crafts